



**Nativity of Mary School**  
**October 2024**  
**K - 8 Breakfast Menu**



**Everyday Choices:**  
 Assorted Cereals  
 w/Graham Crackers  
 Variety of Fresh Fruit

**Choice of Milk Available  
 with Breakfast:**  
 Low-Fat White, Fat Free White,  
 Fat Free Chocolate

**MONDAY**



**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p style="text-align: right;">1</p> <p><b>Hot Egg &amp; Cheese Breakfast Sandwich</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">2</p> <p><b>Oatmeal Chocolate Chunk Breakfast Bar</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">3</p> <p><b>Warm Cherry Strudel</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">4</p> <p><b>Warm Bagel with Jelly</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>
<p style="text-align: right;">7</p> <p><b>Cocoa Puff Cereal Bar Goldfish Grahams</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">8</p> <p><b>Chocolate Chip Muffin Goldfish Grahams</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">9</p> <p><b>Apple Breakfast Bar</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">10</p> <p><b>Egg &amp; Cheese Breakfast Sandwich</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>
<p style="text-align: right;">14</p>  <p><b>Columbus Day</b></p>	<p style="text-align: right;">15</p> <p><b>Blueberry Muffin Goldfish Grahams</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">16</p> <p><b>Pop Tart Goldfish Graham</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">17</p> <p><b>Chocolate Chunk Benefit Bar</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>
<p style="text-align: right;">21</p> <p><b>Cherry Strudel Pastry</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">22</p> <p><b>Apple Muffin Goldfish Grahams</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">23</p> <p><b>Egg &amp; Cheese Breakfast Sandwich</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">24</p> <p><b>Soft Cinnamon Toast Breakfast Bar</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>
<p style="text-align: right;">28</p> <p><b>Mini Cinnamon Rolls</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">29</p> <p><b>Chocolate Chip Muffin Goldfish Grahams</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">30</p> <p><b>Pop Tart Goldfish Grahams</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>	<p style="text-align: right;">31</p> <p><b>Mini Strawberry Bagels</b></p> <p>Fruit Cup 100% Fruit Juice Milk</p>

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**No School**  
  
**Professional  
Formation Day**

**Breakfast Price - \$1.50**  
 A reimbursable meal consists of a fruit/juice and two other items.  
 Students may take up to 1 cup of fruit:  
 Fresh, prepared or juice.

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