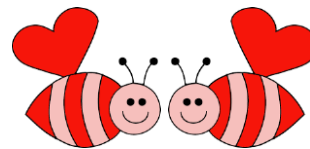




National Healthy Heart Month

Nativity of Mary School Lunch Menu

February 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Price - \$1.90

Milk Price - \$.65

Selection of milk included with each meal.



Daily Offerings

~ Chef Salad with a Roll
Baby Carrots
Daily Selection of Fresh Fruit



1
**Pasta & Meat Sauce
with a Roll**
Hot Dog on a Bun

Tossed Salad
Green Beans
Diced Pears

♥ Wear Red Day ♥ 2

Cheese Pizza
Ham & Cheese Melt
Mixed Vegetables
Roasted Cauliflower
Mixed Fruit



5
**Cheese Breadsticks
w/Dipping Sauce**
Cheeseburger

Roasted Broccoli
Green Beans
Mixed Fruit

6
**Chicken Patty
on a Bun**
Baked Cheese Pizza

Vegetarian Beans
Corn
Peaches

7
**French Toast Sticks
w/Ham Slice & Syrup**
Chicken Caesar Salad

Tater Tots
Celery Sticks
Applesauce

8
**Turkey & Gravy
with a Biscuit**
Hot Dog on a Bun

Steamed Carrots
Mashed Potatoes
Diced Pears

9
Freshly Baked Pizza
Chicken Caesar
Wrap

Bean Salad
Corn Niblets
Mixed Fruit

Choice of Fat-free White, Fat-free Chocolate or 1% White Milk offered with every meal.

12
**Dorito Taco in a Bag
w/Rice & Toppings**
Cheeseburger

Corn Niblets
Vegetarian Beans
Fruit Cup

13
**Chicken Nuggets
w/Dinner Roll**
Baked Cheese Pizza

Tossed Salad
Steamed Broccoli
Diced Peaches

♥ 14 ♥
**Toasted Cheese
Sandwich**
Pepperoni Salad
Tomato Soup
& Carrot Coins
Applesauce
Valentine Treat

15
**Mini Pancakes
w/Ham Slice**
Hot Dog on a Bun

Oven Baked Fries
Cucumber Slices
Diced Pears

16
Freshly Baked Pizza
Tuna Salad on a Bun

Vegetable Mix
Green Beans
Fruit Cup



No School

Mid-Winter Recess
Classes Resume February 26th

26
**Chicken Nuggets
w/Seasoned Pasta**
Cheeseburger

Broccoli Florets
Veggie Beans
Mixed Fruit

27
**Soft Shell Tacos
with Rice & Toppings**
Baked Cheese Pizza

Mixed Vegetables
Steamed Carrots
Diced Peaches

28
**Mini Pancakes
w/Ham Slice**
Chicken Ranch Salad

Tater Tots
Fresh Celery Sticks
Applesauce

29
**Cheese Breadsticks
w/Dipping Sauce**
Hot Dog on a Bun

Green Beans
Golden Corn
Diced Pears



feeding children is
A WORK OF HEART

**Choose 3 to 5 components each day, which may include one entree.
One of the components must be a fruit or vegetable.**

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