



Nativity of Mary School
October 2022
Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3
Assorted Muffins
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

4
Egg & Cheese
Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

5
Oatmeal Chocolate
Chip Benefit Bar

Fruit Cup
100% Fruit Juice
Milk

6
Fruit
Pastry Strudel

Fruit Cup
100% Fruit Juice
Milk

7
Diocesan
Convocation

No School

10
Columbus Day

No School

11
Chocolate
Mini Donuts

Fruit Cup
100% Fruit Juice
Milk

12
Apple Cinnamon
Benefit Bar

Fruit Cup
100% Fruit Juice
Milk

13
Cinnamon Oatmeal
Breakfast Round

Fruit Cup
100% Fruit Juice
Milk

14
Egg & Cheese
Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

17
Apple Cinnamon
Muffin
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

18
Egg & Cheese
Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

19
Assorted Cereal
Bars
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

20
Banana Chocolate
Chunk Benefit Bar

Fruit Cup
100% Fruit Juice
Milk

21
Strawberry Poptart
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

24
Double Chocolate
Muffin
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

25
Strawberry Mini
Bagels

Fruit Cup
100% Fruit Juice
Milk

26
Cinnamon Bun

Fruit Cup
100% Fruit Juice
Milk

27
Glazed
Mini Donuts

Fruit Cup
100% Fruit Juice
Milk

28
Egg & Cheese
Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

31
Boo Berry Muffin
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

Breakfast Price - \$1.00

A reimbursable meal consists of a fruit/juice and two other items.

Students may take up to 1 cup of fruit:
Fresh, prepared or juice.

A complete Breakfast is served at all schools.
Choice of Milk Available with Breakfast:
Low-Fat White, Fat Free White,
Fat Free Chocolate



Offered Daily:
Assorted Cereals
w/Graham Crackers
Variety of Fresh Fruit
& Juice



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.