



Nativity of Mary School
September 2022 K-8 Breakfast Menu



MONDAY

Breakfast Price - \$1.00
A reimbursable meal consists of a fruit/juice and two other items.

Students may take up to 1 cup of fruit:
Fresh, prepared or juice.

TUESDAY

A complete Breakfast is served at all schools.
Choice of Milk Available with Breakfast:
Low-Fat White, Fat Free White, Fat Free Chocolate

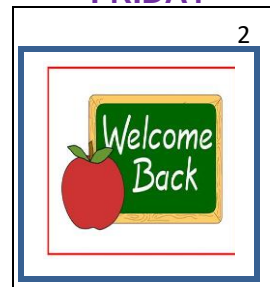


WEDNESDAY

THURSDAY

Offered Daily:
Assorted Cereals
w/Graham Crackers
Variety of Fresh Fruit

FRIDAY



5
Happy LABOR DAY

6
Supply Drop Off Day
8:30 am – 10:30 am

7
Apple Cinnamon Benefit Bar

Fruit Cup
100% Fruit Juice
Milk

8
Cinnamon Oatmeal Breakfast Round

Fruit Cup
100% Fruit Juice
Milk

9
Egg & Cheese Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

12
Apple Cinnamon Muffin
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

13
Egg & Cheese Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

14
Assorted Cereal Bars
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

15
Banana Chocolate Chunk Benefit Bar

Fruit Cup
100% Fruit Juice
Milk

16
Strawberry Poptart
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

19
Double Chocolate Muffin
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

20
Strawberry Mini Bagels

Fruit Cup
100% Fruit Juice
Milk

21
Cinnamon Bun

Fruit Cup
100% Fruit Juice
Milk

22
Mini Donuts

Fruit Cup
100% Fruit Juice
Milk

23
Egg & Cheese Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

26
Blueberry Muffin
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

27
Egg & Cheese Breakfast Sandwich

Fruit Cup
100% Fruit Juice
Milk

28
Soft Cocoa Puff Breakfast Bar

Fruit Cup
100% Fruit Juice
Milk

29
Cinnamon Poptart
Graham Crackers

Fruit Cup
100% Fruit Juice
Milk

30
Super Donut

Fruit Cup
100% Fruit Juice
Milk

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