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Nativity of Mary School September 2022 K-8 Lunch Menu

sodex*o

MONDAY

Meal Price - \$1.90 Milk Price - \$.65



Available Daily Variety of Fresh Fruit & Fresh Vegetables including Baby Carrots

Choose 3 to 5 components each day, which may include one entree. One of the components must be a fruit or vegetable.

THURSDAY

FRIDAY



Salad of the week: **Chef Salad**



Supply Drop Off Day 8:30 am - 10:30 am



Mini Waffles w\Turkey Sausage

Assorted Submarine

Oven Baked Fries **Red Pepper Strips** Applesauce

Pasta & Meat Sauce **Garlic Bread**

> Turkey & Cheese Sandwich

Green Beans Celery Sticks Fruit Cup

Cheese Pizza

Tuna Salad Sandwich

Steamed Carrots Corn Niblets Mixed Fruit

Choice of Fat-free White, Fat-free Chocolate or 1% White Milk offered with every meal.

Salad of the week: **Taco Fiesta Salad**

Toasted Cheese Sandwich

Chicken Ranch Wrap

Tomato Soup & Carrot Coins Chilled Peaches **Chicken Patty** on a Bun

13

Ham & Cheese Sandwich

Baked Beans Black Beans **Diced Pears**

French Toast w\Turkey Sausage

14

21

Assorted Submarine

Crispy Tater Tots Mixed Vegetables **Applesauce**

15 **Turkey & Gravy with Dinner Roll**

Turkey & Cheese Sandwich

Golden Corn **Mashed Potatoes** Fruit Cup

Pepperoni Pizza Diced Chicken Wrap

16

23

Roasted Broccoli **Tossed Salad** Mixed Fruit

Salad of the week: Chicken Caesar

> **Chicken Nuggets** w\Roll

19

26

Turkey Sandwich

Sweet Garden Peas Baked Beans Chilled Peaches

Homemade Cheese Breadsticks w\Pasta

> Ham & Cheese Sandwich

Mixed Vegetables Romaine Salad **Diced Pears**

Mini Waffles w\Turkey Sausage

Assorted Submarine

Carrot Coins Crinkle Fries **Applesauce**

Cheeseburger on a Bun

Turkey & Cheese Sandwich

Roasted Broccoli **Tomato Wedges** Fruit Cup

Cheese Pizza

Tuna on a Bun

Corn Kernels Garbanzo Beans Mixed Fruit

Salad of the week: Julienne Salad

Hot Dog on a Bun

Sliced Turkey Sandwich

Mixed Vegetables Garbanzo Salad **Chilled Peaches**

Chicken Nuggets w\Rotini

Ham & Cheese Sandwich

Roasted Broccoli Celery Sticks **Diced Pears**

28 **Mini French Toast** w\Turkey Sausage

Assorted Submarine

Oven Baked Fries **Tossed Salad Applesauce**

29 Dorito Taco in a Bag

w\Rice Turkey & Cheese Sandwich

> **Carrot Coins Baked Beans** Fruit Cup

30 Pepperoni Pizza

Diced Chicken Wrap

Sweet Potatoes Corn Niblets Mixed Fruit

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