



Nativity of Mary School
September 2023 K-8 Breakfast Menu



MONDAY

Breakfast Price - \$1.00

A reimbursable meal consists of a fruit/juice and two other items.

Students may take up to 1 cup of fruit:
Fresh, prepared or juice.

TUESDAY

A complete Breakfast is served at all schools.

Choice of Milk Available with Breakfast:
Low-Fat White, Fat Free White,
Fat Free Chocolate



WEDNESDAY

THURSDAY

Offered Daily:
Assorted Cereals
w/Graham Crackers
Variety of Fresh Fruit

FRIDAY



4
Happy LABOR DAY

5

6
WG Donut

Fruit Cup
100% Fruit Juice
Milk

7
Cinnamon Roll

Fruit Cup
100% Fruit Juice
Milk

8
**Pop Tart
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

11
**Banana Muffin
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

12
**Egg & Cheese
Breakfast Sandwich**

Fruit Cup
100% Fruit Juice
Milk

13
**Apple Cinnamon
Benefit Bar**

Fruit Cup
100% Fruit Juice
Milk

14
**Cocoa Puff
Breakfast Bar**

Fruit Cup
100% Fruit Juice
Milk

15
**Cereal Bar
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

18
Cherry Frudel

Fruit Cup
100% Fruit Juice
Milk

19
**Strawberry Mini
Bagels**

Fruit Cup
100% Fruit Juice
Milk

20
**Cinnamon Oatmeal
Breakfast Round**

Fruit Cup
100% Fruit Juice
Milk

21
**Egg & Cheese
Breakfast Sandwich**

Fruit Cup
100% Fruit Juice
Milk

22
**Chocolate Chip
Muffin
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

25
**Apple Muffin
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

26
**Egg & Cheese
Breakfast Sandwich**

Fruit Cup
100% Fruit Juice
Milk

27
Glazed Donut

Fruit Cup
100% Fruit Juice
Milk

28
**Strawberry Pop Tart
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

29
Cinnamon Bagel

Fruit Cup
100% Fruit Juice
Milk

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

