

wake up!

to
School Breakfast

Nativity of Mary School January 2023 K-8 Breakfast Menu



sodexo

Breakfast Price - \$1.00

A reimbursable meal consists of a fruit/juice and two other items.

Students may take up to 1 cup of fruit:
Fresh, prepared or juice.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

3

**Assorted Muffins
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

4

**Strawberry Mini
Bagels**

Fruit Cup
100% Fruit Juice
Milk

5

**Glazed
Mini Donuts**

Fruit Cup
100% Fruit Juice
Milk

6

**Egg & Cheese
Breakfast Sandwich**

Fruit Cup
100% Fruit Juice
Milk

9

**Blueberry Muffin
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

10

**Assorted Cereal
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

11

**Warm Bagel
w\ Jelly**

Fruit Cup
100% Fruit Juice
Milk

12

**Pop Tart
Graham Cracker**

Fruit Cup
100% Fruit Juice
Milk

13

Super Donut

Fruit Cup
100% Fruit Juice
Milk

16

17

**Assorted Muffins
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

18

**Oatmeal Chocolate
Chip Benefit Bar**

Fruit Cup
100% Fruit Juice
Milk

19

**Fruit
Pastry Strudel**

Fruit Cup
100% Fruit Juice
Milk

20

**Assorted Cereal
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

23

**Assorted Cereal
Bars
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

24

**Warm Bagel
w\ Jelly**

Fruit Cup
100% Fruit Juice
Milk

25

**Assorted
Benefit Bars**

Fruit Cup
100% Fruit Juice
Milk

26

**Cinnamon Oatmeal
Breakfast Round**

Fruit Cup
100% Fruit Juice
Milk

27

**Egg & Cheese
Breakfast Sandwich**

Fruit Cup
100% Fruit Juice
Milk

30

**Apple Cinnamon
Muffin
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk

31

**Assorted Cereal
Bars
Graham Crackers**

Fruit Cup
100% Fruit Juice
Milk



Offered Daily:
Assorted Cereals
w/Graham Crackers
Variety of Fresh Fruit
& Juice



A complete Breakfast is served at all schools.

Choice of Milk Available with Breakfast:

Low-Fat White, Fat Free White,
Fat Free Chocolate

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