



Nativity of Mary School
November 2023
K-8 Breakfast Menu



MONDAY

Breakfast Price - \$1.00

A reimbursable meal consists of a fruit/juice and two other items. Students may take up to 1 cup of fruit: Fresh, prepared or juice.

TUESDAY

Everyday Choices

Assorted Cereals w/Graham Crackers
 Variety of Fresh Fruit



WEDNESDAY

1

**Oatmeal Chocolate
 Chunk Breakfast Bar**

Fruit Cup
 100% Fruit Juice
 Milk

THURSDAY

2

**Pop Tart
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

FRIDAY

3

**Cocoa Puff
 Cereal Bar
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

6

**Fruit Filled
 Pastry Strudel**

Fruit Cup
 100% Fruit Juice
 Milk

7

**Assorted Cereal
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

8

**Apple Cinnamon
 Muffin
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

9

**Banana Chocolate
 Chunk Breakfast Bar**

Fruit Cup
 100% Fruit Juice
 Milk

10



13

**Chocolate Chip
 Muffin
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

14

**Warm Bagel
 w\ Jelly**

Fruit Cup
 100% Fruit Juice
 Milk

15

**Glazed
 WG Donut**

Fruit Cup
 100% Fruit Juice
 Milk

16

**Assorted Pop Tarts
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

17

**Cinnamon Oatmeal
 Breakfast Round**

Fruit Cup
 100% Fruit Juice
 Milk

20

**Assorted Muffins
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

21

**Apple Cinnamon
 Benefit Bar**

Fruit Cup
 100% Fruit Juice
 Milk

22



23

24

27

**Blueberry Muffin
 Graham Crackers**

Fruit Cup
 100% Fruit Juice
 Milk

28

**Glazed
 Cinnamon Bun**

Fruit Cup
 100% Fruit Juice
 Milk

29

**Warm Bagel
 w\ Jelly**

Fruit Cup
 100% Fruit Juice
 Milk

30

**Banana Chocolate
 Chunk Breakfast Bar**

Fruit Cup
 100% Fruit Juice
 Milk

A complete Breakfast is served at all schools.
 Choice of Milk Available with Breakfast:
 Low-Fat White, Fat Free White,
 Fat Free Chocolate



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