



Nativity of Mary School
January 2023 K-8 Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily Variety of Fresh Fruit and Fresh Vegetables including Baby Carrots
Meal Price - \$1.90
Milk Price - \$.65



3
**Hot Dog on a Bun
Ham & Cheese
Sandwich**

Mixed Vegetables
Romaine Salad
Diced Pears

4
**Mini Waffles
w\Turkey Sausage
Chicken Patty on a
Bun**

Carrot Coins
Crinkle Fries
Applesauce

5
**Cheeseburger
on a Bun
Chicken Caesar Salad**

Roasted Broccoli
Tomato Wedges
Fruit Cup

6
**Cheese Pizza
Tuna on a Bun**

Corn Kernels
Garbanzo Beans
Mixed Fruit

9
**Turkey & Cheese
Melt
Hot Dog on a Bun**

Mixed Vegetables
Garbanzo Beans
Chilled Peaches

10
**Chicken Nuggets
w\Rotini
Julienne Salad**

Roasted Broccoli
Celery Sticks
Diced Pears

11
**Mini Pancakes
w\Turkey Sausage
Assorted Submarine**

Tater Tots
Tossed Salad
Applesauce

12
**Dorito Taco in a Bag
with Rice & Toppings
Cheeseburger
on a Bun**

Carrot Coins
Baked Beans
Fruit Cup

13
**Pepperoni Pizza
Tuna Salad Tortilla
Wrap**

Green Beans
Corn Niblets
Mixed Fruit

Choice of Fat-free White, Fat-free Chocolate or 1% White Milk offered with every meal.



16
**Homemade Cheese
Breadsticks w\Dip
Yogurt & Cheese Stick
with Flatbread**

Steamed Carrots
Black Beans
Diced Pears

17
**French Toast Sticks
w\Turkey Sausage
Turkey Sandwich**

Oven Baked Fries
Cucumber Slices
Applesauce

18
**Turkey & Gravy
with a Roll
Hot Dog on a Bun**

Mashed Potatoes
Green Beans
Fruit Cup

19
**Cheese Pizza
Tuna on a Bun**

Cauliflower
Romaine Salad
Mixed Fruit

20
**Chicken Nuggets
w\Seasoned Pasta
Ham & Cheese
Snack Stacker**

Broccoli Florets
Celery Sticks
Chilled Peaches

21
**Taco Twins
w\Rice & Toppings
Turkey & Cheese
Melt**

Veggie Beans
Green Beans
Diced Pears

22
**Pancakes
w\Turkey Sausage
Egg & Cheese
Breakfast Sandwich**

Oven Baked Fries
Steamed Carrots
Applesauce

23
**Pasta & Meat Sauce
with Roll
Chicken Patty on a
Bun**

Mixed Vegetables
Romaine Salad
Fruit Cup

24
**Cheese Pizza Sub
Tuna Salad
Sandwich**

Steamed Corn
Bean Salad
Mixed Fruit

25
**Toasted Cheese
Sandwich
Chicken Ranch Wrap**

Tomato Soup
& Carrots
Chilled Peaches

26
**Freshly Baked Pizza
Fiesta Taco Salad**

Vegetarian Beans
Celery Sticks
Diced Pears

Available Daily
Garden Salad w\Roll



Choose 3 to 5 components each day, which may include one entree.
One of the components must be a fruit or vegetable.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.