

# Nativity of Mary School May 2023 K-8 Breakfast Menu

A complete Breakfast served at all schools.

Choice of Milk Available with Breakfast:

Low-Fat White, Fat Free White, Fat Free Chocolate



**Breakfast Price - \$1.00**

**Everyday Choices:**  
Assorted Cereals w/Graham Crackers

Variety of Fresh Fruit & Juice

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

|   |   |  |   |  |
|---|---|--|---|--|
| <p style="text-align: right;">1</p> <p style="color: red;"><b>Breakfast Muffin<br/>Variety<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p> | <p style="text-align: right;">2</p> <p style="color: blue;"><b>Egg &amp; Cheese<br/>Breakfast Sandwich</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p> | <p style="text-align: right;">3</p> <p style="color: green;"><b>Breakfast Oatmeal<br/>Benefit Bar</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p> | <p style="text-align: right;">4</p> <p style="color: orange;"><b>Fruit Filled<br/>Pastry Strudel</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">5</p> <p style="color: purple;"><b>Assorted Cereal<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>      |
| <p style="text-align: right;">8</p> <p style="color: red;"><b>Assorted Muffins<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>             | <p style="text-align: right;">9</p> <p style="color: blue;"><b>Warm Bagel<br/>w\ Jelly</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>                 | <p style="text-align: right;">10</p> <p style="color: green;"><b>Apple Cinnamon<br/>Benefit Bar</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">11</p> <p style="color: orange;"><b>Cinnamon Oatmeal<br/>Breakfast Round</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">12</p> <p style="color: purple;"><b>Egg &amp; Cheese<br/>Breakfast Sandwich</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p> |
| <p style="text-align: right;">15</p> <p style="color: red;"><b>Apple Cinnamon<br/>Muffin<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">16</p> <p style="color: blue;"><b>Whole Grain<br/>Super Donut</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>            | <p style="text-align: right;">17</p> <p style="color: green;"><b>Cereal Bar<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">18</p> <p style="color: orange;"><b>Banana Chocolate<br/>Chunk Benefit Bar</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">19</p> <p style="color: purple;"><b>Strawberry Poptart<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>  |
| <p style="text-align: right;">22</p> <p style="color: red;"><b>Double Chocolate<br/>Muffin<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p> | <p style="text-align: right;">23</p> <p style="color: blue;"><b>Warm Bagel<br/>w\ Jelly</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>                | <p style="text-align: right;">24</p> <p style="color: green;"><b>Mini Cinnamon Bun</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>                | <p style="text-align: right;">25</p> <p style="color: orange;"><b>Whole Grain<br/>Mini Donuts</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>  | <p style="text-align: right;">26</p> <p style="color: purple;"><b>No School</b></p>                     |
| <p style="text-align: right;">29</p>   | <p style="text-align: right;">30</p> <p style="color: blue;"><b>Blueberry Muffin<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p style="text-align: right;">31</p> <p style="color: green;"><b>Cereal Bar<br/>Graham Crackers</b></p> <p style="text-align: center;">Fruit Cup<br/>100% Fruit Juice<br/>Milk</p>   | <p>A reimbursable meal consists of a fruit/juice and two other items.<br/>Students may take up to 1 cup of fruit:<br/>Fresh, prepared or juice.</p>  |  |

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.