



May 2021
Nativity of Mary School
Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Assorted Muffins Graham Crackers Apple Juice Milk	4 Cinnamon Mini Bagels Orange Juice Milk	5 Oatmeal Chocolate Chip Benefit Bar Grape Juice Milk	6 Glazed Donut Bites Fresh Apple Milk	7 Cinnamon Poptart Graham Crackers Chilled Fruit Juice Milk
10 Banana Muffin Graham Crackers Apple Juice Milk	11 Cinnamon Sugar Donut Grape Juice Milk	12 Frosted Flakes Cereal Graham Crackers Petite Banana Milk	13 Assorted Breakfast Pastry Orange Juice Milk	14 Mini Cinni Bites Chilled Juice Milk
17 Trix Yogurt with Goldfish Graham Dippers Fruit Juice Milk	18 Mini Pancakes Orange Juice Milk	19 Pastry Frudel Fresh Apple Milk	20 Assorted Cereal Graham Crackers Chilled Juice Milk	21 Breakfast Pastry Apple Juice Milk
24 Double Chocolate Chip Muffin Graham Crackers Fruit Juice Milk	25 Strawberry Mini Bagels Orange Juice Milk	26 Lucky Charms Cereal Graham Crackers Petite Banana Milk	27 Powdered Sugar Donut Grape Juice Milk	28 Enjoy Your Weekend!



Nutrition Tip: Include fruit at breakfast! Top whole-grain cereal with your favorite fruit, add berries to pancakes, or mix dried fruit into hot oatmeal.

Choice of Milk Available with Breakfast:
 Low-Fat White, Fat Free White,
 Fat Free Chocolate
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