



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Chicken Nuggets
w/Seasoned Pasta
Hot Ham & Cheese
on a Bun

Roasted Broccoli
Bean Salad
Fruit Cup

3
Cheese Pizza
Pasta & Meat Sauce
w/Garlic Bread

Romaine Salad
Carrot Coins
Diced Peaches

4
Mini Pancakes
w/Sliced Ham
Chicken Caesar Salad

Oven Baked Fries
Corn Niblets
Applesauce

5
Pepperoni Pizza
Hot Dog on a Bun

Green Beans
Vegetarian Beans
Diced Pears

World Smile Day

No School

9

Columbus Day

10
Chicken Patty
on a Bun
Cheese Pizza

Broccoli
Mixed Vegetables
Diced Peaches

11
Breakfast Sticks
w/Turkey Sausage
Julienne Salad

Tater Tots
Celery Sticks
Applesauce

12
Dorito Tacos
w/Rice & Toppings
Hot Dog on a Bun

Vegetarian Beans
Golden Corn
Diced Pears

13
Cheese Pizza
Tuna Salad
Sandwich

Green Beans
Steamed Carrots
Mixed Fruit

Celebrate National School Lunch Week October 9th-13th

Choice of Fat-free White, Fat-free Chocolate or 1% White Milk offered with every meal.

16
Meatball Sub
w/Mozzarella Cheese
Hamburger on a Bun

Broccoli
Veggie Beans
Fruit Cup

17
Cheese Pizza
Diced Chicken Wrap
with Ranch

Golden Corn
Green Beans
Diced Peaches

18
French Toast Sticks
w/Sliced Ham
Fiesta Taco Salad

Celery Sticks
Baked Oven Fries
Applesauce

19
Toasted Cheese
Sandwich
Hot Dog on a Bun

Tomato Soup
& Steamed Carrots
Diced Pears

20
Pepperoni Pizza
Turkey & Cheese
Melt

Mixed Vegetables
Tossed Salad
Mixed Fruit

23
Chicken Nuggets
w/ Dinner Roll
Hot Ham & Cheese
on a Bun

Steamed Green Beans
Steamed Broccoli
Fruit Cup

24
Pasta with Meat Sauce
& Garlic Toast
Cheese Pizza

Romaine Salad
Mixed Vegetables
Diced Peaches

25
Mini Pancakes
w/Turkey Sausage
Chicken Ranch Salad

Tater Tots
Cucumber Coins
Applesauce

26
Nachos Grande
w/Taco Meat, Rice
& Toppings
Hot Dog on a Bun

Veggie Beans
Steamed Carrots
Diced Pears

27
Cheese Pizza
Tuna Salad
Sandwich

Steamed Vegetables
Corn Niblets
Mixed Fruit

30
Cheeseburger
on a Bun
Diced Chicken Wrap
with Ranch

Corn Niblets
Mixed Vegetables
Fruit Cup

31
Cheese Pizza
Turkey & Gravy
with a Biscuit
Mashed Potatoes
Broccoli
Diced Peaches
Halloween Treat!

Meal Price -\$1.90
Milk Price -\$.65

Available Daily
~ Chef Salad with a Roll ~
Daily Selection of Fresh Fruit & Baby Carrots

Choose 3 to 5 components each day, which may include one entree. One of the components must be a fruit or vegetable.



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