



November 1st

Nativity of Mary School Lunch Menu
November 2020



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Chicken Nuggets w/Dip & a Biscuit

Carrots
Fresh Apple
Milk

3
Turkey Submarine with lettuce, tomato & Chips
Romaine Salad
Diced Peaches
Milk

4
Flatbread Pizza Kit w/Sauce & Mozzarella Cheese

French Fries
Mixed Fruit Cup
Milk

5
Grilled Chicken Breast Sandwich

Green Beans
Diced Pears
Milk

National Nacho Day
Nachos in a Bag w/Meat, Cheese Sauce & Salsa Rice
Veggie Beans
Fruit Cup
Milk

9
Chicken Patty on a Bun

Green Beans
Chilled Pears
Milk

10
Pizza Sub with Mozzarella Cheese

Broccoli Florets
Peach Cup
Milk

11
Veterans Day

12
Bacon Cheeseburger on a Bun with Chips

Baked Beans
Fresh Apple
Milk

World Kindness Day
Mini Confetti Pancakes with Turkey Sausage
Fries with a Smile
Strawberry Cup
Milk
Kindness Cookie Treat

16
Egg, Cheese & Sausage on a Bun

Garden Side Salad
Diced Peaches
Milk

17
Taco in a Bag with Meat, Cheese & Rice

Carrot Bites
Diced Pears
Milk

Mickey Mouse's Birthday
"Hot Diggity" Hot Dog on a Bun
Vegetarian Beans
Mixed Fruit Cup
Milk
Birthday Treat

19
French Toast Sticks w/Turkey Sausage & Syrup

Potatoes
Petite Banana
Milk

20
Sliced Ham & Cheese on a Bun w/Goldfish

Green Beans
Fruit Cup
Milk

23
Chopped Salad with Ranch Seasoned Chicken & Biscuit

Carrot Sticks
Fruit Cup
Milk

24
Turkey & Gravy w/Potatoes, Stuffing, Cranberry & Dinner Roll

Corn
Apple Crumble
Milk

25
Thanksgiving Recess No School

26

Happy Thanksgiving!

27
Thanksgiving Recess No School

30
Cheeseburger on a Bun with Chips

Veggie Beans
Fresh Apple
Milk

SO VERY THANKFUL

Meal Components:
Protein, Grain, Fruit, Vegetable and Milk
Entrees may consist of 1-3 components
Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.

Choice of Milk Included with Lunch:
Low-Fat White, Fat Free White,
Fat Free Chocolate



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